

LIVING AND WORKING IN THE FLOW COUNTRY



TOURISM - HELPING TO SUPPORT OUR DIVERSIFIED FARM

ACE - PART OF THE MEET AND
GREET TEAM

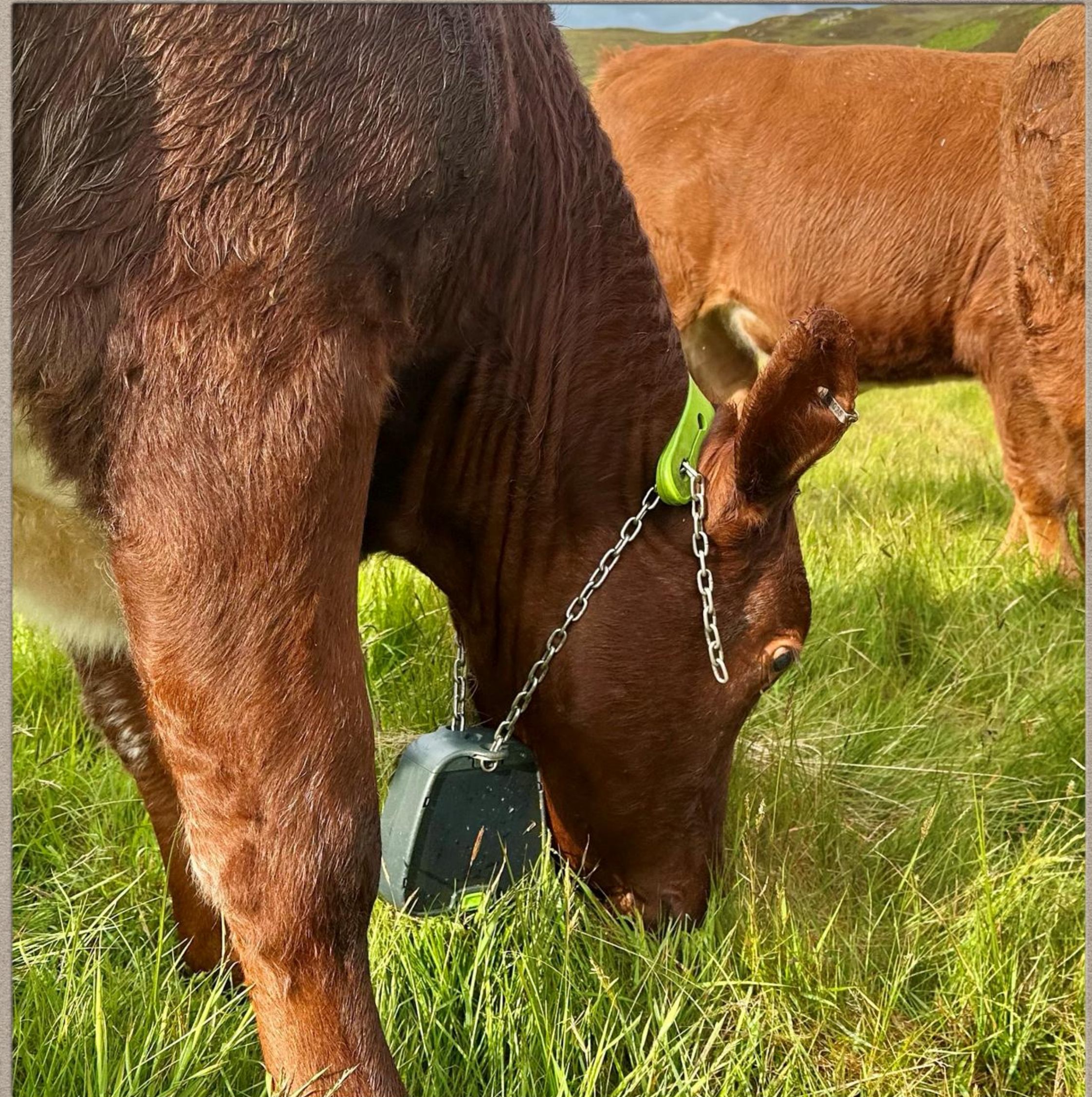
ALSO A GREAT WAY TO START
CONVERSATIONS



NATURE FRIENDLY FARMING

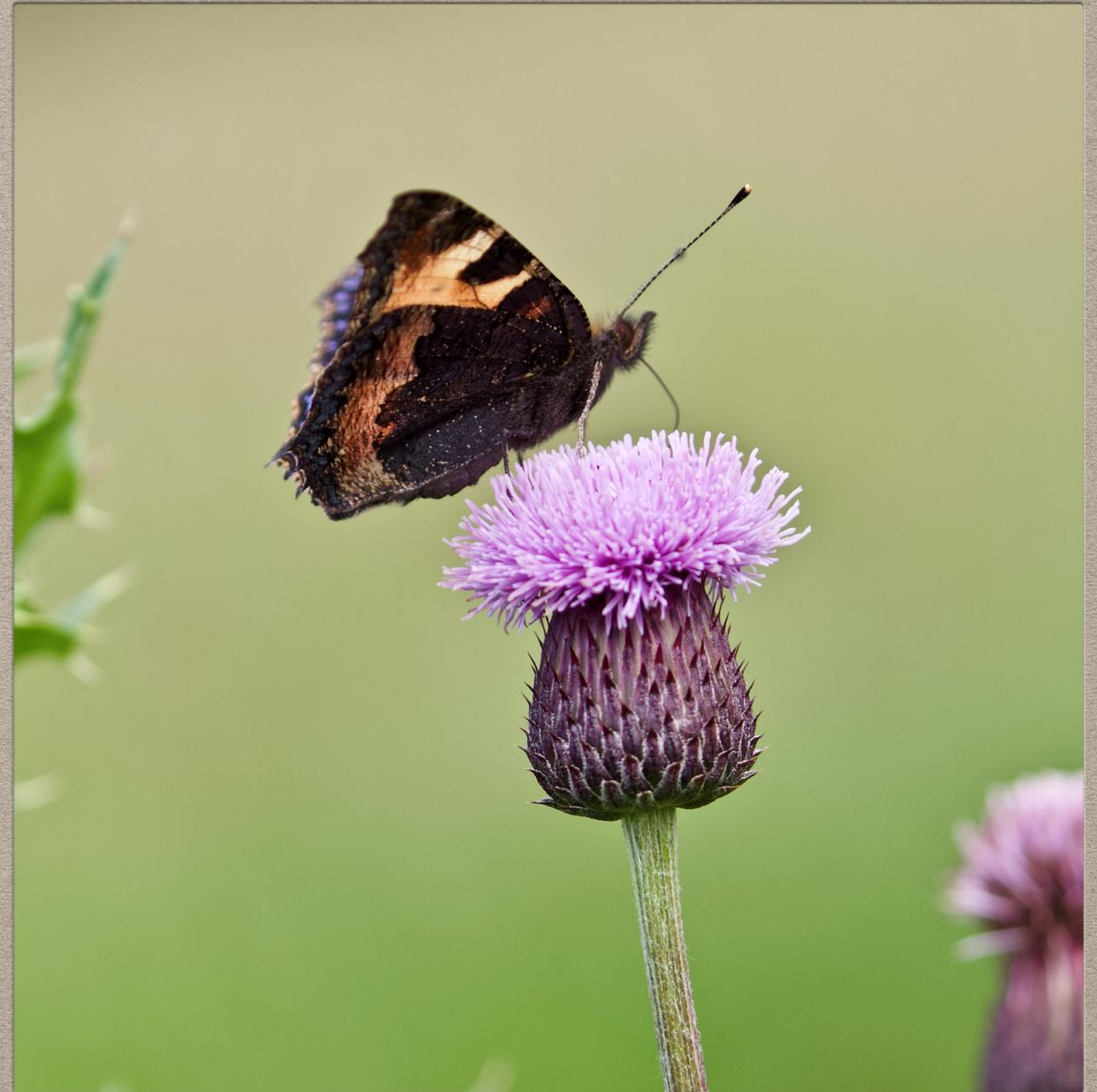
OUR GUESTS ARE FINANCIALLY HELPING US
TRANSITION OUR FARM TO A MORE SUSTAINABLE
FUTURE

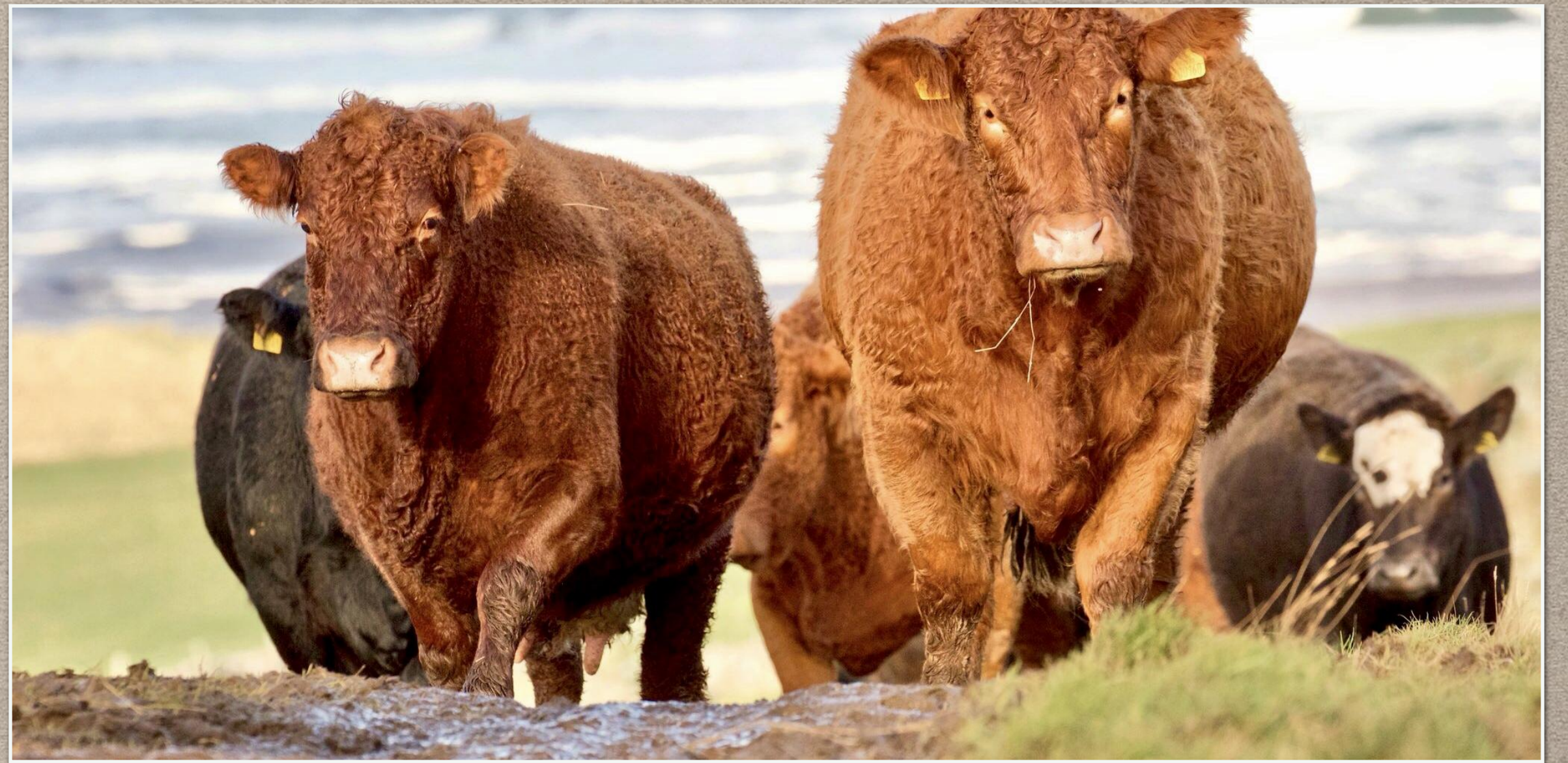
THEY PLAY AN IMPORTANT PART IN THE JOURNEY AND
WE LOVE SHARING OUR STORY



SLOW TOURISM

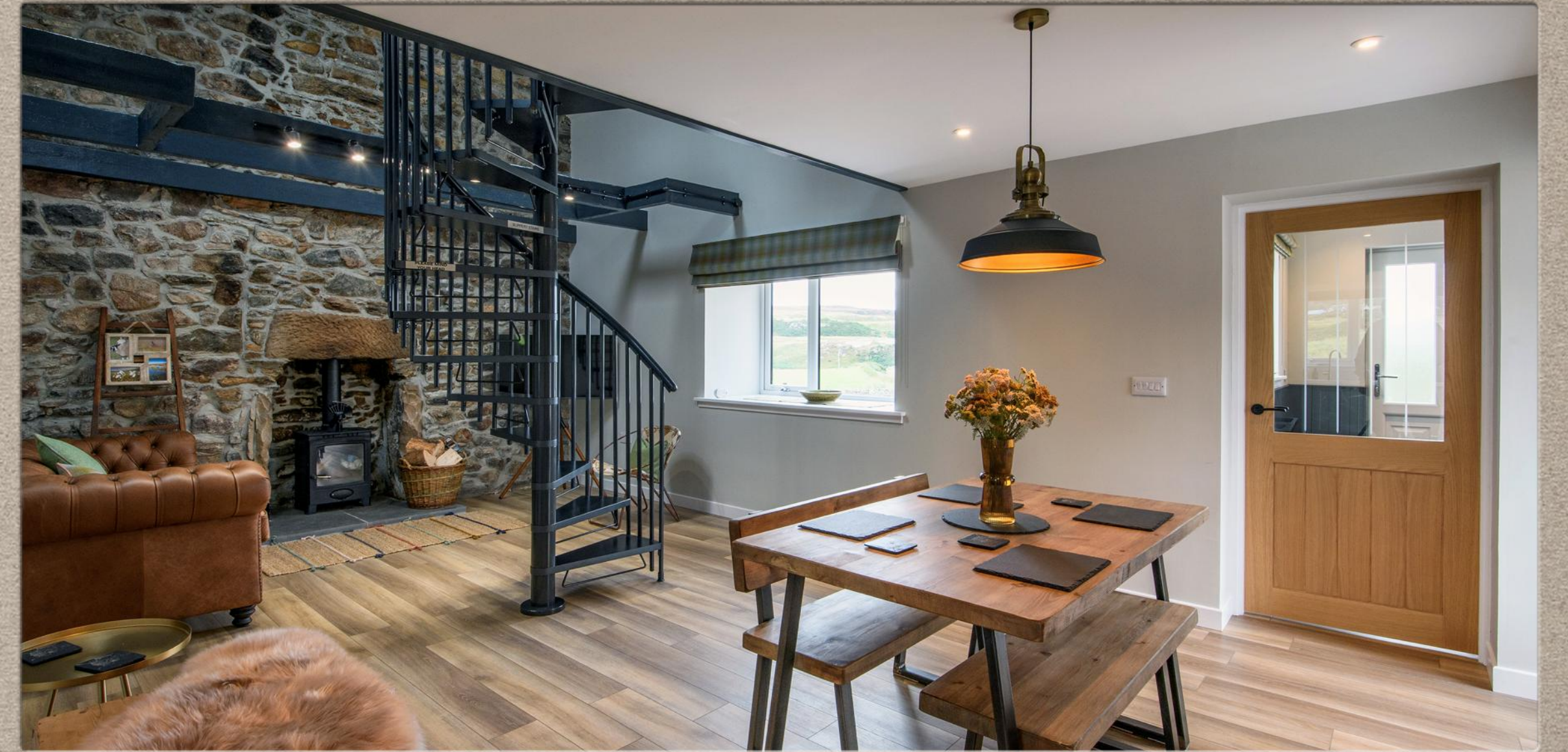
- LONGER STAYS. UP TO THREE WEEK BOOKINGS
- MUCH MORE INTEREST IN PEATLANDS AND THE FLOW COUNTRY SINCE UNESCO WORLD HERITAGE AWARDED
- LOCAL HISTORY AND CULTURAL IMPORTANT TO MANY GUESTS
- LONGER SEASON WITH BOOKINGS THROUGHOUT THE YEAR
- QUESTIONS ABOUT THE LAND, ENVIRONMENT AND SUSTAINABILITY
- GUESTS FROM ACROSS THE WORLD. AUS, NZ, CHINA, CANADA, US, EUROPE AND UK





COTTAGE RENOVATION







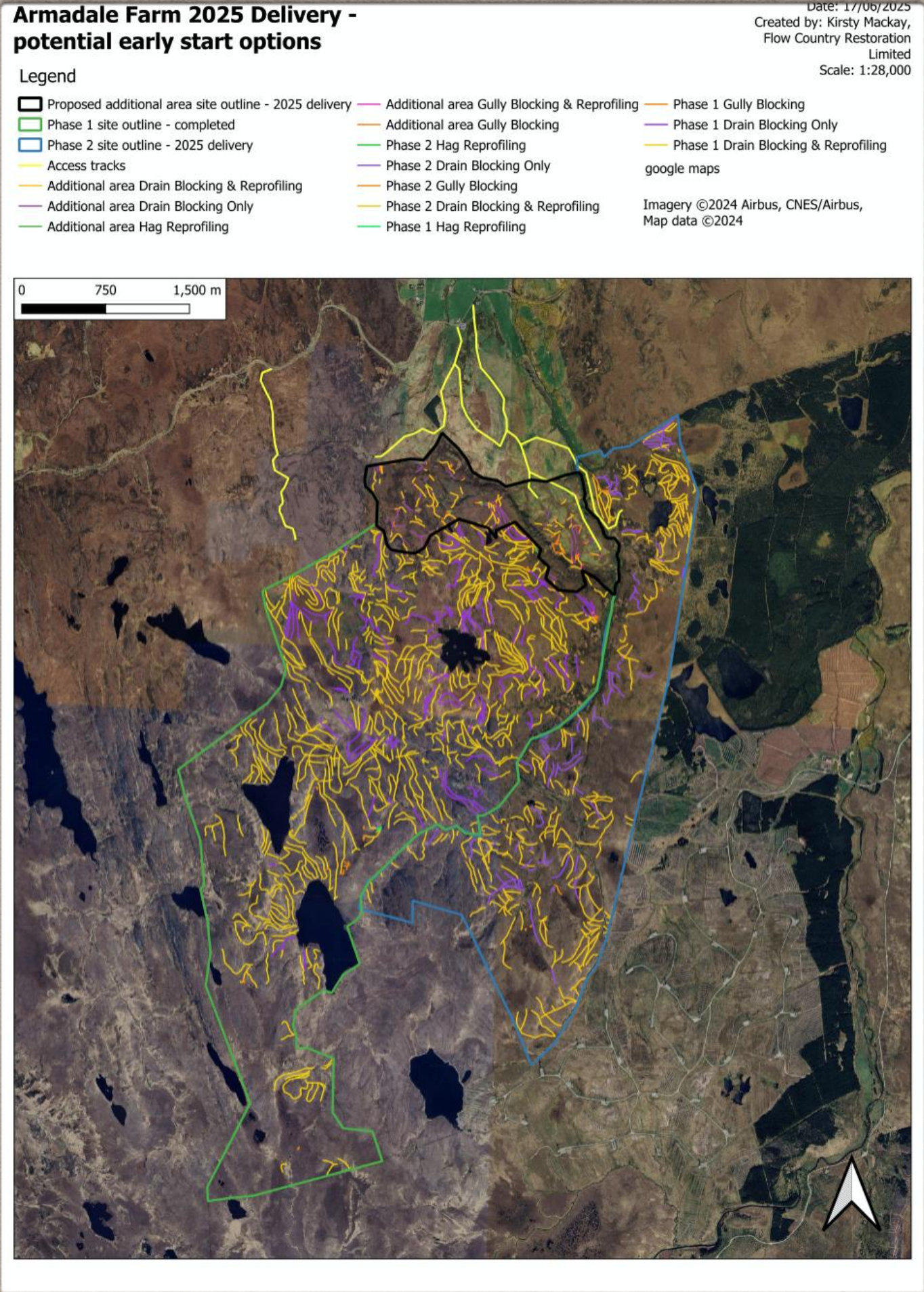
PEATLAND RESTORATION
COVERING 1100 HA
245 KM HILL DRAINS BLOCKED

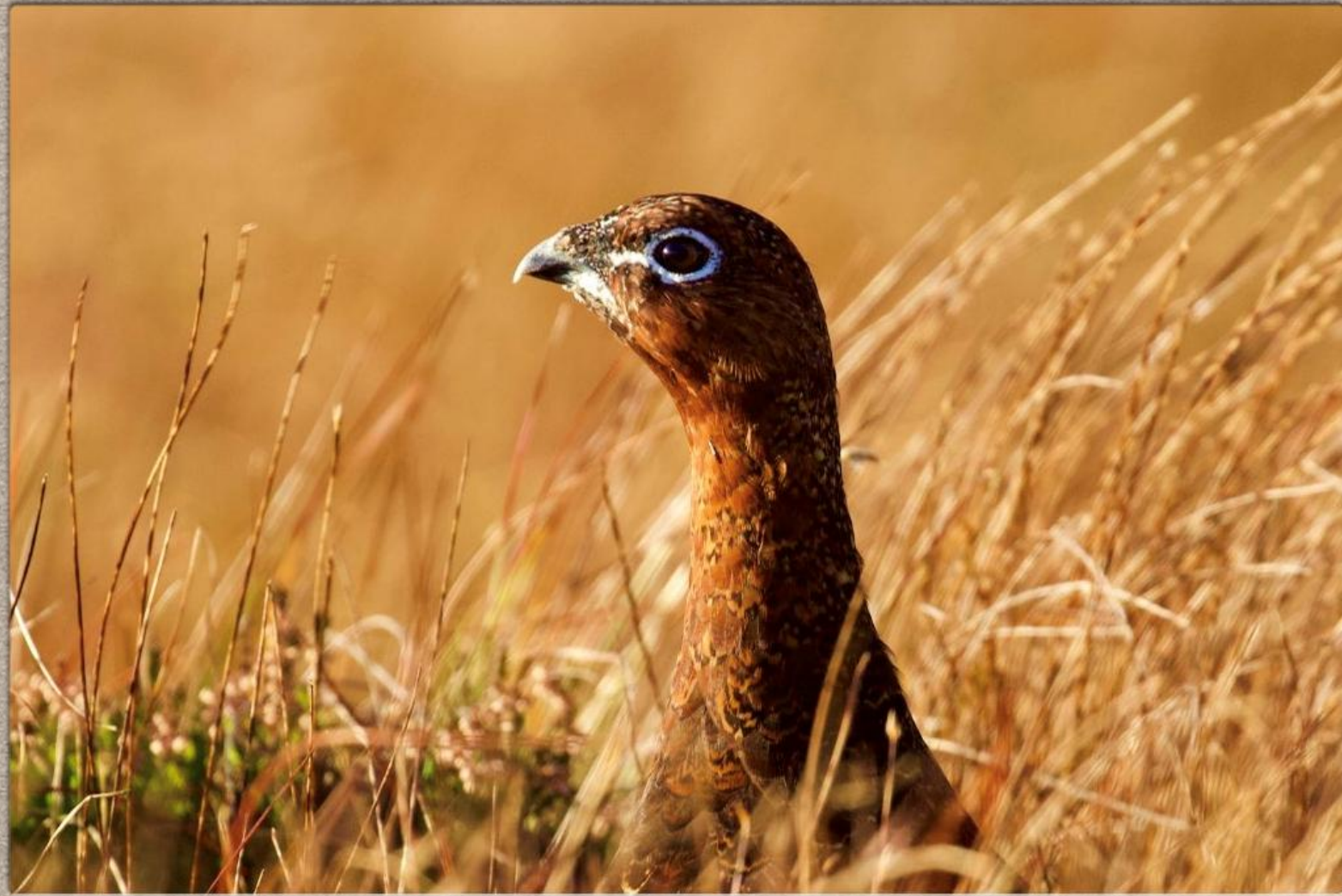
SUPPORTED BY



THE FLOW COUNTRY
PARTNERSHIP

SSE RENEWABLES









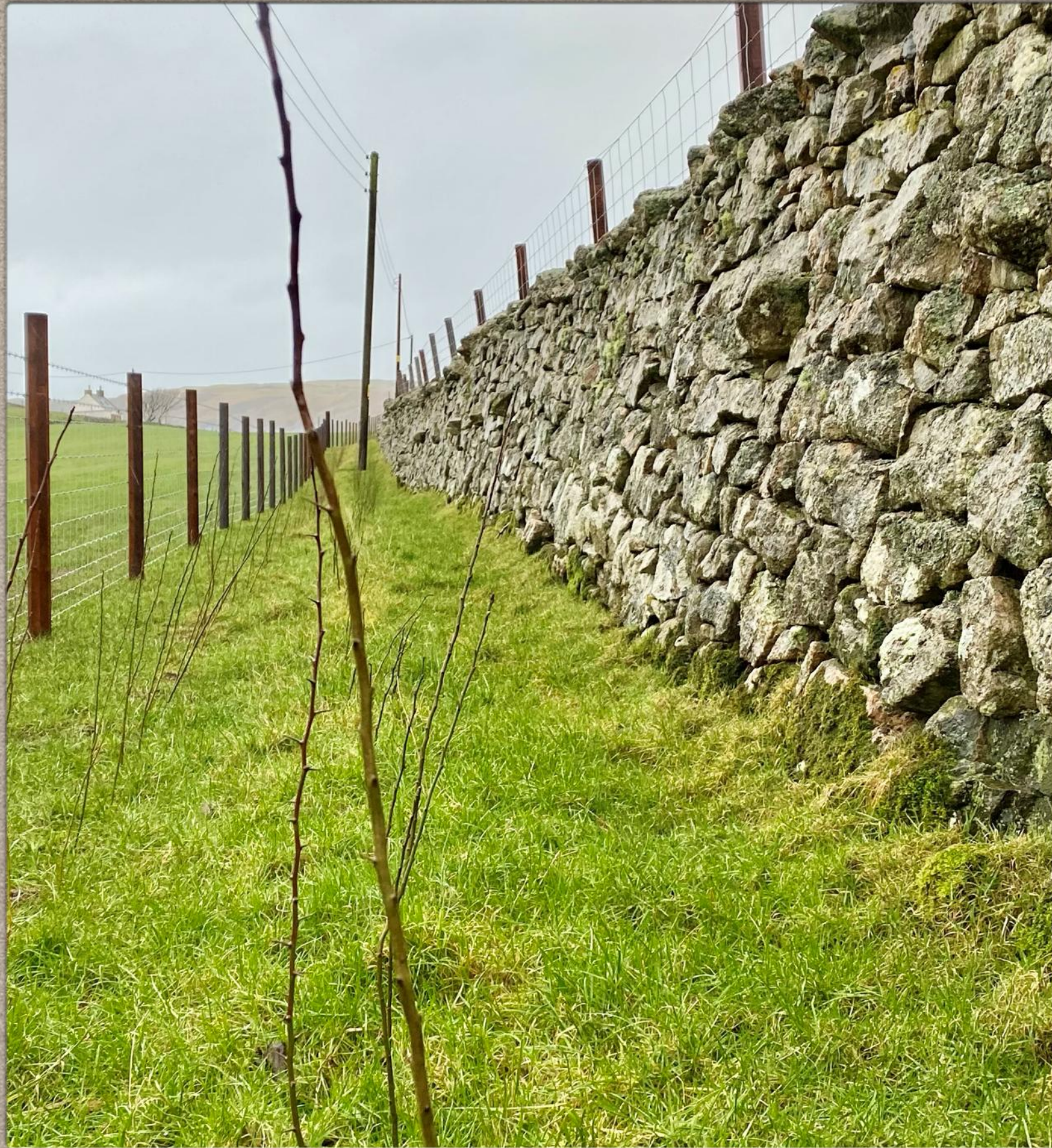
FOOTPATH

£35K SCOTTISH GOVERNMENT FUNDED UNDER AECS





WILDLIFE CORRIDORS



Part funded through CAGS



LOCAL WELCOME PACKS



LOCAL WOOD

WOOD BEING CLEARED OFF
THE BOGS HEATING HOLIDAY
BOTH COTTAGES

ALONG WITH ELECTRIC AND
AIR SOURCE HEAT PUMP
HEATING



HOLIDAY APPS

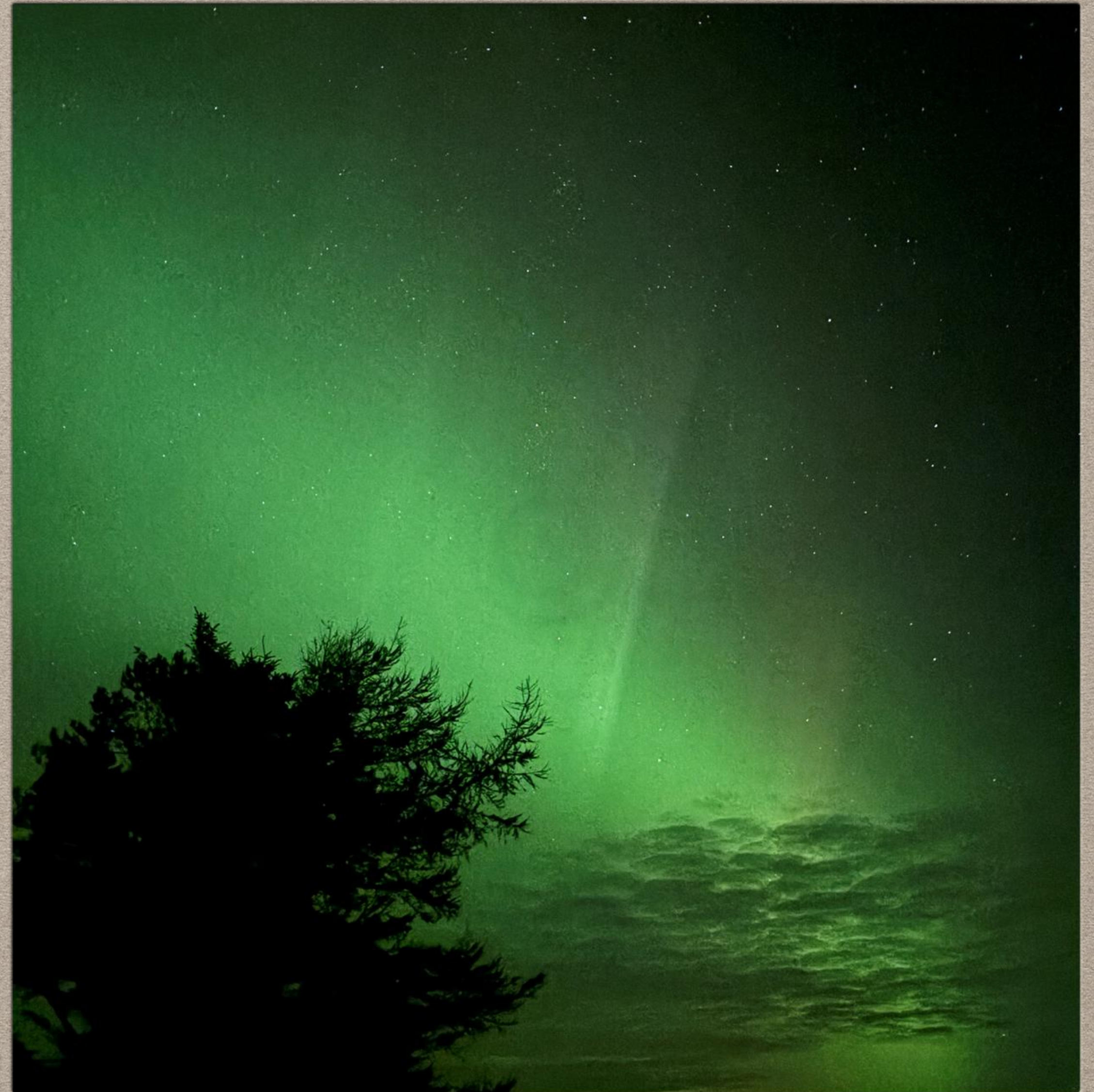
AURORA WATCH UK

MERLIN BIRD

PLANT ID

WALKHIGHLANDS.CO.UK

THE FLOW COUNTRY APP?



RECOMMEND

SOME OF MY FAVOURITES -

THE STORE

STRATHNAVER MUSEUM

RSPB FORSINARD FLOWS

BURRS OF TONGUE

A FAR NORTH NATURALIST



FLOW COUNTRY BRANDED VENISON, LAMB AND BEEF



WOOL FROM THE FLOW COUNTRY

CAN WE DO MORE WITH AN
UNDER VALUED PRODUCT?



TOURISM - HOW DO WE FIND THE BALANCE?

GUIDED WALKS THROUGH NATURE

AWARENESS AROUND BIRD BREEDING SEASON AND DISTURBANCE

WILDFIRE RISK

MANAGING INCREASED ROAD TRAFFIC

SHARING THE FLOW COUNTRY WITH MORE VISITORS SUSTAINABLY

PROFESSIONAL APPROACH TO TOURISM



Helga and Dennis

MANAGING CONFLICT

- MORE GOOD AFFORDABLE, ENVIRONMENTAL FRIENDLY, LOCAL HOUSING AROUND THE EDGES
- PRIORITISES THOSE HOUSES TO PEOPLE WORKING ON AND AROUND THE FLOW COUNTRY SUPPORTING THE COMMUNITY
- BETTER ROADS AND INFRASTRUCTURE
- ENCOURAGING A SLOWER PACE



**THANKS FOR
LISTENING**

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